

Coronavirus Update

March 11, 2020

Over the last several weeks, we have all watched news reports on the Coronavirus (COVID-19). At this time being well-informed and well-prepared is important to the health and safety of you and your family.

Please remind your student of the importance of following good hygiene practices recommended by the CDC that prevent the spread of communicable diseases:

- Cover your coughs and sneezes with a sleeve or a tissue.
- Wash your hands often with soap and water for 20 seconds, or use alcohol hand sanitizer if soap and water are not available.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Avoid close contact with people who are sick.

The Aberdeen Catholic School System follows the guidance of the Centers for Disease Control (CDC) and works closely with City and State health officials in addressing public health concerns. We will continue to work closely with these agencies as well as the Aberdeen School District and area schools to monitor the Coronavirus situation and take additional steps as necessary. We share your concerns regarding this matter and appreciate your support, as well as working together in protecting your children, yourself and those around you by practicing good personal hygiene practices.

The South Dakota Department of Health is updating their site as more information is made known:

<https://doh.sd.gov/news/Coronavirus.aspx>

This link to the CDC website will have the most up-to-date information:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

CDC Resources:

- [Share Facts About COVID-19](#)
- [What You Need to Know](#)
- [What to Do if You Are Sick](#)
- [Stop the Spread of Germs](#)
- [Symptoms of Coronavirus](#)
- [CDC Protects and Prepares Communities](#)